

# Oxford Township Parks & Recreation Youth Girls Basketball League Rules

## **LEAGUE GOALS & OBJECTIVES**

The Oxford Township Parks and Recreation Girls Youth Basketball Program is designed to give all players the opportunity participate in the sport regardless of past playing experience. Participants will learn the benefits, basic rules and positions of the game in a fun and safe atmosphere. To promote teamwork, and a positive individual experience for all players, coaches and parents, we will not keep score, standings or promote an all-star team. Every child in this program will be seen and treated like a true champion. Remember it's a kids program.

## **PLAYER ELIGIBILITY**

All girls currently enrolled in 2nd through 5<sup>th</sup> grade. All players must be registered before a child will be placed on a team. **A player should never be allowed to play without being registered.** Players not registered and not listed on a team roster, should be reported to the Parks & Recreation Office. **All players must play in the appropriate division. There is no moving up or down in a division for any reason.** No participant is eligible to play youth basketball with the Oxford Township Parks & Recreation Department if they are currently members of organized interscholastic teams (private and public). Once the season is completed, they are eligible for the Recreation program (Michigan High School Athletic Association rule)- this affects all middle school girls.

## **League Policies**

1. Oxford Township Parks & Recreation Commission reserves the right to rule and make recommendations on any or all matters covered or not precisely covered in the league rules.
2. A representative of each team will conduct officiating, this will enable play to move more consistently and provide the opportunity to educate the specific player or players on the violation that was called.
3. Score and standings will not be kept.
4. This league is intended to teach the sport of basketball in a safe and fun Atmosphere. All players are winners.

## **Game Rules and Regulations**

The current High School basketball rules shall apply to all league play with the following exception/addition

1. A team must have at least four (4) players present to start a game. Minimum number of players will equal opposing team.

2. Game Timing: Four 10-minute running clock quarters, with a 1-minute break between quarters and 3 minutes at half time. Each team is allotted 2 time outs per half.
3. Substitutions may be made, with no charged timeouts, at a stoppage of play.
4. No full-court presses allowed in all leagues. When the defensive teams get a rebound the offensive team must get back on defense immediately (past three-point line), no trying to steal the ball, period.
5. The 3-second lane violation as well as the 10-second mid-court violation and over and back will not be enforced.
6. Man to man defense only will be allowed.
7. Coaches/Officials should increase the number of calls for traveling, double dribble and others as the season progresses. Please remember that we are educating the girls of the sport and its rules. When calls are made please inform the player or players of the infraction and give them the proper advice or suggestion to correct the error.
8. All players on each team must play a minimum of half the game.
9. Fouls: if a player is in the act of shooting they will have the option of shooting free throws or taking the ball out of bounds. Players may step up to five feet in front of the foul line if needed for free throws.
10. During free throws shots, the shooter and players along the lane are not allowed to enter the key area until the ball touches the rim or backboard, or until the free throw ends.
11. The alternating possession rule will be used as follows:  
Situations other than the start of the game teams will alternate taking the ball out-of-bounds for a thrown-in. The team not obtaining control of the ball at the start will begin the alternating possession procedure.