

Summer 2021 Enrichment Classes | Youth, Adult, Seniors & Family



BABYSITTER TRAINING

Children Ages 11 & Over
Min: 8 Max: 25
Taught by Melissa Castonia, Certified Teacher. Learn all of the skills that you need to start your own babysitting business-basics like meeting the family, setting appointments, age appropriate activities & safety instruction. Handouts are included.

Certificate presented upon completion of the workshop. Training follows the American Red Cross Curriculum.

Optional Babysitting Training Handbook with CD available for onsite purchase. \$15, payable to Oxford Township Parks & Recreation.

Where: OTPR Community Room
When: Monday, May 17
Time: 6:00 pm– 8:00 pm
Cost: \$25 (Oxford Residents Subtract \$5)
Code: 2301

COOKING WITH KIDS

In Partnership with Simple Organics
Children Grades K– 5th with a parent
Cooking with Kids is a nutrition education program focused on increasing fruits and vegetables in the diet. Join us as we learn hands on and build essential culinary skills.



Parents must accompany children. This is a family based program.

Where: Seymour Lake Township Park–
Simple Organic's Mobile Kitchen
When: Thursdays, July 15– August 5
Time: 6:30 pm– 7:30 pm
Cost: \$50 (Oxford Residents Subtract \$10)
Code: 2300

HORSEBACK RIDING LESSONS

Children Ages 7 & Up Min: 3 Max: 6
Give your child the experience they have been dreaming of! Each lesson consists of basic grooming, riding and horse care for beginner riders in the *English Saddle* style. Riders are required to wear long pants and hard sole shoes with 1 inch heel (No tennis shoes). Looking for that special time with your child take lessons together. A maximum of five riders per class, classes fill quickly. Register early for a rewarding and unforgettable experience. Lessons are available Monday–Friday evening hours and Saturday– Sunday afternoon hours. After registering, please contact Paula at 248-431-0940 for availability.

Where: Times Square Riding Academy–
4835 Oakwood Rd., Ortonville
Day & Time: Schedule with Paula, 248-431-0940
Cost: \$160 (Oxford Residents Subtract \$10)

Session 1: June 5– July 10 **Code: 2911**

Session 2: July 24– August 28 **Code: 2912**

Session 3: Sept 11– October 16 **Code: 2913**

HORSEBACK RIDING SUMMER CAMPS

Children Ages 7 & Up Min: 3 Max: 6
Enjoy two hours of riding daily, bathing, grooming, and feeding as well as fun crafts and games on and off horseback. Bring sack lunch. All participants must wear long pants and hard sole shoes while on horseback.

Where: Times Square Riding Academy–
4835 Oakwood Rd., Ortonville
When: Monday– Thursday
Time: 9:00 am– 4:00 pm
Cost: \$310 (Oxford Residents Subtract \$10)

Session 1: June 21– June 24 **Code: 2907**

Session 2: July 19– July 22 **Code: 2908**

Session 3: August 2– August 5 **Code: 2909**

Session 4: August 23– August 26 **Code: 2910**

CREATING WATERCOLOUR MANDALAS ~ MINDFULLY

Ages 12 & Over Min: 6 Max: 10
In this class we will be slowing down to connect to our inner wisdom and creative flow. We will be learning watercolour techniques through mandala creations. It is therapeutic and hypnotic, as you do not know in advance what they will look like until they are done. I will bring all materials. No previous watercolour experience needed! Just bring your open mind. Mandala is a Sanskrit word meaning “circle” and represents the Universe.

Where: Stony Lake Twp Park– Brabb Pavilion
Time: 1:00 pm– 4:00 pm
Cost: \$104 per session (Oxford Res Sub \$5)
Material Fee: \$15 paid to the instructor 1st class

Class Session Dates	
May 20 & 27	Code: 8919
June 21 & 29	Code: 8920
July 22 & 29	Code: 8921



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GAME ON PADDLEBOARDING

at Stony Lake Township Park!
1397 Lapeer Rd. (M-24 North of Oxford)

Come out and play on the water! Game On PADDLEBOARDING offers instruction and rentals to meet your needs. Whether just one or several people, Game On PADDLEBOARDING gets you on the water in a comfortable, safe way! Come out for one of their classes!

Game On PADDLEBOARDING offers classes for **PADDLEBOARDING**– Introduction & Advanced & **Kayak**- Introduction



**Rates are based per person
Oxford Residents Subtract \$5**

INTRO TO PADDLEBOARDING

Age: 8 years and older Min: 3 Max: 10
Join the SUP community! Class designed for beginners to paddleboarding to learn the basics of form and balance, resulting in confidence on the board! Learn the right way to SUP and the many benefits a paddle board provides.

Where: Stony Lake Township Park
Time: 11:00 am– 12:00 pm
Cost: \$35 per person per date (Oxford res sub \$5)

Saturdays	June 5	June 28	July 10	July 31
Code	4010	4012	4014	4016

PADDLEBOARD & KAYAK RENTALS

Paddleboard & Kayak rentals for kids, teens, and adults! Family friendly and great customer service. Located on the beach at Stony Lake Township Park

Who: Ages 4 years and older
When: Daily by appointment
Cost: \$20 Hour/Vessel includes all equipment (PFD, All safety equipment & waiver filled out by guardian)
\$40 for 3 Hours/Vessel includes all equipment (PFD, all safety equipment & waiver filled out by guardian)
Children 16 & under 1/2 Off

Register:
www.gameonpaddleboarding.com
or call (248) 690-6241

PADDLEBOARD YOGA

Age: 8 years and older Min: 5 Max: 15
Paddleboard Yoga provided by Pushna Wellness
www.pushnawellness.com; jess@pushnawellness.com

Refresh yourself! Join us for an awesome experience! No matter your SUP or yoga skill level you will be guided thru a relaxing, fun class that will combine simple YOGA with floatin on a SUP in shallow waters.

Where: Stony Lake Township Park
Time: 10:00 am– 11:00 am
Cost: \$35 per person per date (Oxford res sub \$5)

Saturdays	June 5	June 26	July 10	July 31	Aug. 7	Aug. 28
Code	4011	4013	4015	4017	4019	4021

For additional information please contact:

**Oxford Township Parks & Recreation
(248) 628-1720 or www.oxparkrec.org**

**Game On PADDLEBOARDING
(248) 690-6241 or
gameonpaddleboarding.com**

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The following classes are offered with Michigan Scuba Sports

www.michiganscubasports.com

OPEN WATER SCUBA DIVING

Youth & Adults Ages 12– 65 years old Min: 4 Max: 8
The PADI Open Water Diver course includes three parts: Knowledge Development, Confined Water Dives, and Open Water Dives. Knowledge Development covers the principles, concepts and terms you need to know for dive safety and enjoyment. During the Confined Water Dives, you learn and practice scuba skills in a pool or water with pool-like conditions. You'll enjoy making one or more minidives, which take you through the same steps you follow when you make open water dives. To complete training you practice, apply and demonstrate what you learn during four Open Water Dives at a local dive site. Cost includes all rental equipment and air fills for each class related dive. Classes meet Friday, Saturday & Sunday and following Saturday & Sunday.

Where: Shelby Township Activity Center–
14975 21 Mile Rd.

Times: 6:00 pm– 9:00 pm, Dive times will vary
Cost: \$559 (Oxford Resident Subtract \$10)

<u>Dates</u>	<u>Code</u>
June 4, 5, 6, 12 & 13	Code: 4050
July 16, 17, 18, 24 & 25	Code: 4051
August 13, 14, 15, 21 & 22	Code: 4052

DISCOVER SUBA DIVING

Youth & Adults Ages 10– 65 years old Min: 4 Max: 8
Have you always wondered what it's like to breathe underwater? If you want to try scuba diving but aren't quite ready to take the plunge into a certification course, Discover Subra Diving is for you. This PADI program is offered off the beach of Stony Lake Township Park. You can try scuba close to home. While not a scuba certification course, Discover Scuba Diving is a quick and easy introduction to what it takes to explore the underwater world. You must be at least 10 years old and be able to swim 100 yards without touching the bottom. No prior experience with scuba diving is necessary, but you need to be in reasonable physical health. Are you ready to try it out? Cost includes all rental equipment and air for class related dive.

Where: Stony Lake Township Park
Time: 2:00 pm– 4:00 pm
Cost: \$79 (Oxford Residents Subtract \$10)

<u>Dates</u>	<u>Code</u>
June 6	Code: 4053
June 13	Code: 4054
July 18	Code: 4055
July 25	Code: 4056

EASY & CONVENIENT

Oxford Township Parks & Recreation offers online registration!

In order to register online, we need an email address on file. Never registered with us before? You're ready to set up an account today!

Visit www.oxparkrec.org to get started.

WOODWORKING EAGLE HEADS

Virtual Zoom

In this class Gerry Burchard will lead you step-by-step through planning, carving, and painting your Eagle Head for the Michigan Wood Carvers Association's Lean on Me Program. Each class is 30 minutes instruction and 60 minutes carving with instructor.

Where: Virtual Zoom
Time: 1:00 pm– 2:30 pm
Cost: \$58.00 Part 1 (Oxford Residents Subtract \$5)
\$48.00 Part 2 (Oxford Residents Subtract \$5)
\$48.00 Part 3 (Oxford Residents Subtract \$5)

Material Fee: \$20 Carving Knife (Flexcut detail knife preferred)
Amazon Gouge, Woodburner if desired \$10 for 2 wood blanks

<u>Part 1:</u> May 3– 24	Code: 8820
<u>Part 2:</u> June 7– 28	Code: 8821
<u>Part 3:</u> July 12– August 2	Code: 8822

CONNIE'S KITCHEN Z

Min: 5 Max: 10

Make your KITCHEN fun again! Cooking for one? Dietary or budget issues? I can help you plan and prepare healthy, budget friendly and flavorful meals and HAVE FUN! With the warmer weather coming SOON we will be outside...cooking on the grill! Think...GRILLED LEMONADE! Come and join me in the KitchenZ and enjoy what we prepare together.

Where: Oxford Senior Center or Laidler Pavilion
When: First Mondays of the month
Time: 4:00 pm– 5:00 pm
Cost: \$15 per person per class

<u>Dates</u>	<u>Code</u>
May 10	Code: 8961
June 14	Code: 8962
July 12	Code: 8963
August 9	Code: 8964
September 13	Code: 8965

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NORTH OAKLAND TAEKWON-DO

For Adults & Children

Traditional ITF style Taekwon-Do, the Korean martial art of “Foot and Hand Training”. Building confidence through knowledge of self-defense and the tenets of traditional Taekwon-Do, (Courtesy, Integrity, Perseverance, Self Control and Indomitable Spirit).

North Oakland Taekwon-Do, with head instructor Gary Skarritt (4th Dan Black Belt), instructor Christy Wellens (2nd Dan Black Belt) and instructor Robert Jueckstock (5th Dan Black Belt WTF), is an affiliate of Waterford Taekwon-Do. Uniforms and proper equipment will be available to purchase through instructors. Promotions (at an extra fee) will occur on-site during scheduled class sessions in association with Waterford Taekwon-Do, headed by Master Gorham (8th Dan Black Belt). Class size is limited to 50 students (15 for Little Dragons) to maintain optimal instructor to student ratio.



Please visit www.notkd.com for additional information. Classes will be held at the Laidler Pavilion at Seymour Lake Township Park on Tuesdays & Thursdays. Class will be called with extreme weather.

Class Name	Class Time	Class Cost	5/11– 6/29	7/8– 8/26
Beginners/ Children	6:30 pm– 7:30 pm	\$95 (Ox Res Sub \$10)	7308	7312
Advanced/Adults	6:30 pm– 7:30 pm	\$95 (Ox Res Sub \$10)	7309	7313
Little Dragons, Ages 5– 7 yrs	6:30 pm– 7:30 pm	\$95 (Ox Res Sub \$10)	7310	7314
1 Night/Week (Tues or Thurs)	6:30 pm– 7:30 pm	\$70 (Ox Res Sub \$10)	7311	7315



SANCHIN-RYU'S KARATE FOR KIDS

Children Grades K- 8

Our program combines two crucial courses into one, Sanchin-Ryu Karate & Self-Defense and Project: Secure Child (child safety).

- Students will be trained with proven, age-appropriate techniques that are necessary for kids to protect themselves from attackers.
- This program is set in a fun, yet structured, environment which will give your child a positive outlook on learning a martial art. We focus on healthy attitudes vs. perfection!
- Participants will achieve great self confidence and leadership through the physical techniques, mental strategies, drills and exercises they are lead through.
- Instructors hold a ranking of at least 1st Degree Black Belt and maintain a continual (bi-monthly) certification to ensure the highest level of quality for their students.
- An ongoing course, where students have the opportunity to continue their education in the same location with no hidden fees!

SANCHIN-RYU'S KARATE FOR FAMILIES

A Parent AND Child program for ages 4 & Over

- Set in a fun, non-competitive and informative atmosphere, this program allows parents to learn alongside their children.
- Physical techniques will be instructed along with drills and exercise, to help you have a positive experience with your self defense education.
- Sanchin-Ryu will teach you how to use your whole body, rather than just certain muscles groups, so size and stature are not an issue!

SANCHIN-RYU'S KARATE FOR ADULTS & TEENS

For Ages 14 & Over

- Specifically designed to address personal-protection concerns, this program instructs a broad range of strikes, combinations, footwork and defense tactics.
- Receive specialized training on how to deal with, get out of, and counter a multitude of grabs and attack scenarios.
- Practicing many techniques and tactics will equip you with the confidence you need to defend yourself against any type of attacker.
- Learn how to use the whole body for power, making the most of your size and strength (regardless of athletic ability).

Classes will be held at Stony Lake Township Park in the Brabb Pavilion.

Class Name	Class Time	Class Cost	Session Dates & Codes	
			6/1– 7/13	7/20– 8/31
Karate for Kids	6:30 pm– 7:15 pm	\$33 (Oxford Res Sub \$5)	7400	7403
Adults & Teens	8:00 pm– 9:00 pm	\$40 (Oxford Res Sub \$5)	7401	7404
Families	7:15 pm– 8:00 pm	\$66 (Oxford Res Sub \$10)	7402	7405

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THE BASIC'S OF SOCIAL SECURITY

Adults 50 & Over Min: 5 Max: 25

"When you think about Social Security, what comes to mind? Do you worry if it will still be around for you when you retire? Do you wonder how much you can expect to receive each month? Are you aware of when you can start taking your benefit, or what you can do to maximize it?"

If you feel confused or unsure about Social Security, you're not alone. According to Nationwide Retirement Institute's "2019 Annual Consumer Survey on Social Security"

- Less than 25% of people know what their full retirement age is
- 70% think they are eligible for full benefits before they actually are
- Workers within 10 years of retirement overestimate their monthly retirement benefit by almost 30%

"Jeffrey Roe is registered with, and securities are offered through, LPL Financial. Member FINRA/SIPC. Oxford Township Parks & Recreation, JDR Wealth Management, LLC and LPL Financial are unaffiliated entities".

Where: OTPR Senior Center
When: Tuesday, June 22
Time: 6:00 pm– 8:00 pm
Cost: \$20 (Oxford Residents Sub \$5)
Code: 8876

MEDICARE MADE EASY

Come join the team from Medicare Choices as they educate you on the ABC&D's of Medicare because it can be confusing! This is an informative, educational seminar on the ins and outs of navigating Medicare. Sandy and Belinda are your local Medicare Healthplan Specialists and they will educate and guide individuals about Medicare Supplements, Medicare Advantage, and Prescription Drug Plans. Whether you are new to Medicare or not, these ladies have information that can save you \$\$\$ based on your health and finances!

Where: OTPR Senior Center
When: Tuesday, May 25
Time: 6:30 pm– 7:30 pm
Cost: FREE, pre-registration appreciated
Code: 8877

MEDICARE— DON'T BE SOLD, BE INFORMED

The Michigan Retirement Agency is a local, 100% independently owned agency with access to all approved Medicare plans in Michigan. Their job is to help you shop the entire market for your coverage, keep you informed on all the changes in Medicare world, and to save you as much money as possible along the way. There is no "one size fits all plan" like many suggest, so they will tailor fit a plan specific to your doctors and your medication list. They do this for every one of their clients, every single year. The best part is their services will never cost you a dime.

Where: Oxford Township Parks & Recreation.
When: Open appointments by calling, Chad Day,
Oxford Resident @ (248) 464-1345

MEDICARE SEMINARS— ANNUAL OPEN ENROLLMENT

Medicare – Don't Be Sold, Be Informed!

The Michigan Retirement Agency, based right here in Oxford, specializes in helping older adults learn about their Medicare options. Many important topics will be covered that will help guide you through the maze of Medicare and to keep you informed. There is not a "one size fits all plan" like many suggest, so they will identify the most suitable plan specific to **your** doctors and **your** medication list.

Remember... Don't Be Sold, Be Informed!

Where: OTPR Senior Center
When: Tuesday, September 21 from 6:00– 7:00pm
Thursday, September 30 from 6:00– 7:00pm
Cost: FREE, pre-registration appreciated
Code: 8875

PAGE TURNERS

Join the Page Turners! We are a group of dedicated readers who read and discuss popular and award-winning books. Book titles are selected by the members. To join the email list for updates and more information, contact Barbara Kriigel at bkriigel@umich.edu.

Where: OTPR Senior Center or Hanson Pavilion
When: Wednesday, June 2 10:00 am– 11:00 am
Wednesday, August 4 10:00 am– 11:00 am



We offer 4 easy ways to register:

Online: www.oxparkrec.org

By Phone: 248-628-1720

By fax: 248-628-1854

**In Person: Parks & Recreation Office—
2795 Seymour Lake Road
inside Seymour Lake Township Park**