

ROLLER SKATING CENTER & SPORTS ARENA
 1700 S. Livernois Rd., Rochester Hills, MI 48307
 248-601-7755 -www.theskatezone.info



LEARN TO PLAY ROLLER HOCKEY

Did you know that some of the greatest ice hockey players in the NHL also played roller hockey? Learn to play inline/roller hockey, or work on new skills to take your game to the next level. This class is for the beginner and intermediate player who have some experience skating in inline skates. It will cover the basics of hockey – skating, stick handling, shooting, passing, game situations, and more. Classes are taught by professional inline hockey players and experienced instructors. Students can advance into team play during the class if interested and progressing at a satisfactory level. Rental Equipment is available.

Ages	Fee	Days, Times & Dates	Code
4 to15	\$55	Sunday 10:00am – 11:00am Sept. 7 – Oct. 5	3558
4 to15	\$55	Sunday 10:00am – 11:00am Oct. 12 – Nov. 2	3559

*(Oxford Residents Subtract \$10)

ROLLER HOCKEY -SKILLS, DRILLS, & SCRIMMAGES

For intermediate to advanced inline hockey players. Each week will focus on a different skill with an emphasis on proper technique – Powerskating, stickhandling, passing, shooting, offense, defense. Skill development will cover quick starts, scoring moves (backhand shots, wrist, snap and slap shots). Each class will end with a 20 minutes scrimmage game with instruction given during the game. Classes are taught by professional inline hockey players and experienced instructors.

Ages	Fee	Days, Times & Dates	Code
4 to15	\$55	Tuesday 5:00-6:00pm Sept. 9 – Oct. 7	3560
4 to15	\$55	Tuesday 5:00-6:00pm Oct. 14 – Nov.4	3561

*(Oxford Residents Subtract \$10)

FALL ROLLER HOCKEY LEAGUE

OAKLAND COUNTY ROLLER HOCKEY ASSOCIATION (OCRHA) is offering this FUN, 13 week program to play roller hockey in a team environment with coaches instructing during games. First week is a practice and evaluation session, and teams are divided up based on ability. All skaters will take turns and get the opportunity to play the goalie position one week during the season (full equipment is provided). Includes 1 Practice, 10 Games, and 1 Guaranteed Playoff Game. Games are 3 -14 minute periods with referees, instruction, and a team jersey. Players will also receive a free skating pass to any open skating session during the 13-week program. ALL GAMES ARE PLAYED ON SATURDAYS (GENERALLY during the times 7:30am – 12:30pm).

Playoffs may be scheduled on another day if needed.

Ages	Fee	Dates	Code
6 & Under	\$185	Sept. 6 – Nov. 23	3562
8 & Under	\$195	Sept. 6 – Nov. 23	3563
10U – 16 & Under	\$210	Sept. 6 – Nov. 23	3564

*(Oxford Residents Subtract \$10)

SKATE & PLAY

This is a fun way to learn to skate or just have fun. Develop motor skills, balance and coordination. Learn through fun and games. Children are welcome on the floor with walkers and push/ride toys. Parents and strollers are also welcome. Children can also play on the Combination Bouncy Fun Zone, which includes bouncing, sliding, climbing, obstacles and a basketball hoop. This is a great way to encourage physical activity.

Ages	Fee	Days, Times & Dates	Code
2 & Up	\$35	Tues. 10am-11am, Sept. 9 – Oct. 7	3565
2 & Up	\$35	Thur. 10am-11am, Sept. 11 – Oct. 9	3566
2 & Up	\$35	Tues. 10am-11am, Oct. 14 – Nov. 4	3567
2 & Up	\$35	Thur. 10am-11am, Oct. 16 – Nov. 6	3568

*(Oxford Residents Subtract \$10)



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ADULT SKATING SESSION

Adult only skating session. Lessons are also available. While the kids are in school, come out and enjoy the music and skating. Rentals (roller and inline skates) are available.

Ages	Fee	Days & Times	Code
18 & Older	\$30	Wednesdays, 10am-Noon, Sept. 10 – Oct. 8	3569
18 & Older	\$30	Wednesdays, 10am-Noon, Oct. 15 – Nov. 5	3570

*(Oxford Residents Subtract \$10)

ROLLER SKATING LESSONS

The basic skating skills of starting, forward striding, stopping and backward striding will be covered. Classes are taught by certified instructors. Testing will be done at the end of each session, patches and stars awarded for progression.

Ages	Fee	Days, Times & Dates	Code
3-Adult	\$60	Sundays, 11am-Noon, Sept. 7 – Oct. 5	3571
3-Adult	\$60	Sundays, 11am-Noon, Oct. 12 – Nov. 2	3572

*(Oxford Residents Subtract \$10)

DODGE BALL LEAGUES

Dodge Ball is back and growing in popularity! It has changed since the playground days, and with standardized rules, softer balls and minimal equipment, the sport is attracting men and women and young and old to the sport. So come on out and have fun in our weekly leagues, or start training for some of the 10 annual tournaments in the Midwest. The National Amateur Dodgeball Association was created as a recreational pursuit for nontraditional sport enthusiasts. It is an alternative sport requiring minimal equipment, set up and playing experience. Teamwork and strategy are more valuable factors in dodgeball than athletic skill and individual competitiveness. Anyone can play! Experience is countered by enthusiasm. Dodgeball promotes maximum social enjoyment. Coed teams welcome! League consists of a 10 game schedule and includes a t-shirt.

Ages	Fee	Days & Times Dates	Code
13-17	\$110/player	Saturday 6pm-8pm Sept. 6 – Nov. 23	3573
Adult	\$110/player	Saturday 6pm-8pm Sept. 6 – Nov. 23	3574

*(Oxford Residents Subtract \$10)

Teams of 6-10 may sign up together – just list team name on registration form and you will be signed up as a team.

FLOOR HOCKEY – COED

LOOKING FOR A FUN, FRIENDLY AND SOCIAL GAME? This is it! Sometimes referred to as Ball Hockey, you can get a great cardio workout with no jumping, a low probability of injury, meet great people, develop teamwork and hand eye coordination. It will help you reduce stress, lose weight, get or stay in shape, lower your resting pulse, and on and on. It will help you develop your agility and it's basically good all around. As they say, it's all-good. Floor hockey is played with 4 players on the floor and a goalie. Teams are coed, and must have at least 2 females. League consists of a 10 game schedule and includes a t-shirt.

Ages	Fee	Days & Times Dates	Code
5-10	\$110/player	Friday 6:00-7:00pm Sept 5 – Nov. 22	3575
11-16	\$110/player	Friday 7:00-8:00pm Sept 5 – Nov. 22	3576
17+ Adult	\$110/player	Sunday 6:00-8:00pm Sept. 7 – Nov. 24	3577

*(Oxford Residents Subtract \$10)

Teams of 5-8 can sign up together – just list team name on registration form and you will be signed up as one team.